

ESAA - MIDDLESEX ROLL OF HONOUR

The *Middlesex Elementary Schools Athletic Association* was formed in 1922 and they held their first County Championship in July 1922 at the Hampstead Town Football Ground. Middlesex were one of only 2 counties holding County Championships before the ESAA was formed.

It was therefore a relatively easy task to choose a team to compete in the inaugural ESAA Championship in 1925 at Crystal Palace. Middlesex were 1 of the 13 counties who took part in the championship.

Dorothy Moseley of the Garden Suburb Council School, Hampstead was the only Middlesex champion at the event, winning the Girls long jump. She retained the title the following year.

The ESAA Championship was held in Middlesex for the first time in 1953 at the RAF Stadium in Uxbridge.

OLYMPIC GAMES MEDALLISTS

Lilian Board	1968 400m Silver 1963 J LJ-1, 1965 I 150y-2
Heather Hunte	1980 and 1984 4 x 100m Bronze 1975 I 100m-1, 1976 S 100m-1
Desiree Henry	2016 4 x 100m Bronze 2008 J 200m-3, 2009 J 200m-1, 2010 I 200m-1
David Segal	1960 4 x 100m Bronze 1953 I 220y-1
Martin Reynolds	1972 4 x 400m Silver 1966 S 220y-5
Mo Farah	2012 and 2016 5000m and 10000m Gold 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2

WORLD CHAMPIONSHIP MEDALLISTS

Margaret Adeoye	2013 4 x 400m Bronze 2000 I 200m-h-3
Desiree Henry	2017 4 x 100m Silver 2008 J 200m-3, 2009 J 200m-1, 2010 I 200m-1
Bianca Williams	2023 4 x 100m Bronze 2009 and 2010 I 100m-2
Ama Pipi	2023 4 x 400m Bronze 2011 I 200m-3, 2012 I 200m-2, 2013 S 200m-3, 2014 S 200m-2

Annie Tagoe (2023 4 x 100m Bronze) ran in the relay heat but not in the final.

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Tony Jarrett	1991 110m Hurdles Bronze and 4 x 100m Bronze, 1993 110m Hurdles Silver and 4 x 100m Silver, 1995 110m Hurdles Silver 1986 S 110mH-1
Dwain Chambers	1999 100m Bronze and 4 x 100m Silver 1994 I 100m-1
Simeon Williamson	2009 4 x 100m Bronze 2004 S 100m-2
Mo Farah	2011 5000m Gold and 10000m Silver, 2013, 2015 and 2017 5000m and 10000m Gold 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Chijindu Ujah	2017 4 x 100m Gold 2010 I 100m-8

Ade Mafe (1991 4 x 400m Gold) and Dwain Chambers (1997 4 x 100m Bronze) ran in relay heats but not in the finals.

EUROPEAN CHAMPIONSHIP MEDALLISTS

Lilian Board	1969 800m Gold and 4 x 400m Gold 1963 J LJ-1, 1965 I 150y-2
Emma Ania	2006 4 x 100m Silver 1992 J 200m-1, 1995 I 200m-1
Desiree Henry	2014 4 x 100m Gold 2008 J 200m-3, 2009 J 200m-1, 2010 I 200m-1
Margaret Adeoye	2014 4 x 400m Bronze 2000 I 200m-h-3
Bianca Williams	2016 4 x 100m Silver, 2018 4 x 100m Gold 2009 and 2010 I 100m-2
Ama Pipi	2022 4 x 400m Bronze 2011 I 200m-3, 2012 I 200m-2, 2013 S 200m-3, 2014 S 200m-2

Laura Turner (2006 4 x 100m Silver-2) and Margaret Adeoye (2016 4 x 400m Gold) ran in relay heats but not in the finals.

David Segal	1958 200m Silver and 4 x 100m Silver 1953 I 220y-1
Tony Jarrett	1990 110m Hurdles Silver, 1994 110m Hurdles Bronze 1986 S 110mH-1

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Dwain Chambers	1998 100m Silver, 2006 4 x 100m Gold 1994 I 100m-1
Mo Farah	2006 5000m Silver, 2010, 2012 and 2014 5000m Gold, 2010 and 2014 10000m Gold 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Chijindu Ujah	2016 and 2018 4 x 100m Gold 2010 I 100m-8

Dwain Chambers (1998 4 x 100m Gold) and Solomon Wariso (1998 4 x 400m Gold) ran in relay heats but not in the finals.

COMMONWEALTH GAMES MEDALLISTS

Sue Platt	1962 Javelin Throw Gold 1956 I JT-2, 1957 I JT-1
Ann Ford (née Yeoman)	1978 3000m Bronze 1968 I 880y-1
Paula Fudge (née Yeoman)	1978 3000m Gold 1968 I 880y-h-4
Heather Oakes (née Hunte)	1986 100m and 4 x 100m Gold 1975 I 100m-1, 1976 S 100m-1
Andrea Whitcombe	1998 5000m Silver 1988 S 3000m-1
Connie Henry	1998 Triple Jump Bronze 1988 I LJ q-10
Abe Oyepitan	2002 4 x 100m Bronze, 2010 200m Silver and 4 x 100m Gold 1996 I 100m-3, 1998 S 100m-1
Emma Ania	2006 4 x 100m Silver 1992 J 200m-1, 1995 I 200m-1
Laura Turner	2006 4 x 100m Silver, 2010 4 x 100m Gold 1999 S 100mH-7
Nadia Williams	2006 Triple Jump Bronze 2000 S LJ-3
Bianca Williams	2014 200m Bronze and 4 x 100m Bronze, 2018 and 2022 4 x 100m Gold 2009 and 2010 I 100m-2

Margaret Adeoye (2014 4 x 400m Bronze) ran in the relay heat but not in the relay final.

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Colin Smith	1958 Javelin Throw Gold, 1962 Javelin Throw Silver 1952 I JT-2
David Segal	1958 4 x 110y Gold 1953 I 220y-1
Len Carter	1962 4 x 110y Gold 1958 I 220y-1, 1960 S 100y-1
Barry King	1970 Decathlon Bronze, 1974 Decathlon Silver 1960 J DT-2, 1961 I DT-3, 1962 I SP-1, 1963 S SP-1
Dave Travis	1970 Javelin Throw Gold, 1974 Javelin Throw Silver 1962 I JT-2, 1963 I JT-1, 1964 S JT-1
John McSorley	1970 Javelin Throw Silver 1959 S JT-2
Martin Reynolds	1970 4 x 100m Bronze 1966 S 220y-5
Mike Hauck	1970 4 x 400m Bronze 1962 and 1963 S 400m-1
Henderson Pierre	1986 High Jump Bronze 1980 I HJ-3
Ade Mafe	1990 200m Bronze 1981 J 200m-2, 1983 I 200m-1
Simon Williams	1990 Shot Put Gold 1982 J SP-2, 1984 I SP-1, 1985 S SP-1, 1986 S SP-1
Tony Jarrett	1990 and 1994 110m Hurdles Silver, 1998 110m Hurdles Gold 1986 S 110mH-1
Julian Golley	1994 Triple Jump Gold 1988 I TJ-3, 1989 S TJ-1, 1990 S TJ-1, 1991 S TJ-1
Peter Vivian	1994 Hammer Throw Bronze 1984 and 1985 J HT-1, 1986 I HT-1, 1987 I HT-2, 1988 and 1989 S HT-1
Dwain Chambers	1998 4 x 100m Gold 1994 I 100m-1
Solomon Wariso	1998 4 x 400m Silver 1986 S 200m-2
Leon Baptiste	2010 200m Gold and 4 x100m Gold 2002 S 200m-1

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Reuben Arthur 2018 4 x 100m Gold
2011 J 100m-1

Ojie Edoburun 2022 4 x 100m Gold
2012 I 100m-h-7

Tony Jarrett (1990 4 x 100m Gold) ran in the relay heats but not in the relay final.

BRITISH CHAMPIONS

Sue Platt 1959-62 and 1966-69 Javelin Throw
1957 I JT-1

Pat Nutting (later Pryce) 1961-63 200m Hurdles, 1963-64 and 1968 80m Hurdles, 1963-64 100m
Hurdles
1956 70yH-dnf

Frances Slaap 1964 and 1965 High Jump
1959 S HJ-3, 1960 S HJ-1

Lilian Board 1967 440y
1963 J LJ-1, 1965 I 150y-2

Paula Yeoman (later Fudge) 1972 3000m, 1983 5000m
1968 I 880y-h-4

Heather Hunte (later Oakes) 1979 and 1985 100m
1975 I 100m-1, 1976 S 100m-1

Carol Mathers 1978 High Jump
1973 I HJ-1, 1974 S HJ-2, 1975 S HJ-1

Julia Avis 1985 Discus Throw
1981 S DT-3, 1982 S DT-1

Michelle Griffith 1994-95, 1999-2000 and 2004 Triple Jump
1987 I LJ-9

Lyn Sprules 1996, 1997 and 1999 Hammer Throw
1992 I DT-3, 1993 S DT-2

Andrea Whitcombe 1997 and 1998 5000m
1988 S 3000m-1

Connie Henry 1998 Triple Jump
1988 I LJ q-10

Abe Oyepitan 2003 200m, 2004 100m
1996 I 100m-3, 1998 S 100m-1

Laura Turner 2005 100m, 2010 100m and 200m

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	1999 S 100mH-7
Nadia Williams	2007-09 Triple Jump 2000 S LJ-3
Julia Bleasdale	2011 5000m 1996 J 800m-h-5
Margaret Adeoye	2012 and 2015 200m 2000 I 200m-h-3
David Segal	1957 and 1958 220y 1953 I 220y-1
Colin Smith	1958, 1959 and 1963 Javelin Throw 1952 I JT-2
John McSorley	1962 Javelin Throw 1959 S JT-2
Dave Travis	1965, 1968 and 1970-74 Javelin Throw 1962 I JT-2, 1963 I JT-1, 1964 S JT-1
David Bedford	1970-74 10000m, 1975 5000m Bronze 1967 S CC-2
Martin Reynolds	1970 200m 1966 S 220y-5
Dave Kidner	1971 and 1973 Decathlon 1968 S LJ-2
Barry King	1972 Decathlon 1960 J DT-2, 1961 I DT-3, 1962 I SP-1, 1963 S SP-1
John Davies	1974 3000m Steeplechase 1969 I 1500mST-2, 1971 S 5000m-1
Ade Mafe	1985 200m 1981 J 200m-2, 1983 I 200m-1
Steve Crabb	1987 1500m 1980 I 800m-4
Simon Williams	1988 and 1989 Shot Put 1982 J SP-2, 1984 I SP-1, 1985 S SP-1, 1986 S SP-1
Brian Taylor	1990 Decathlon 1989 S 110mH-1
Julian Golley	1992 Triple Jump 1988 I TJ-3, 1989 S TJ-1, 1990 S TJ-1, 1991 S TJ-1

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Gary Cadogan	1993 400m Hurdles 1983 I 400m-1, 1984 S 400m-3
Peter Vivian	1994 Hammer Throw 1984 and 1985 J HT-1, 1986 I HT-1, 1987 I HT-2, 1988 and 1989 S HT-1
Solomon Wariso	1994 200m 1986 S 200m-2
Richard Ashe	1997 1500m 1992 S 3000m-7
Dwain Chambers	2000-01, 2008, 2010-14 100m 1994 I 100m-1
Tony Jarrett	2001 110m Hurdles 1986 S 110mH-1
Ben Whitby	2001 and 2002 3000m Steeplechase 1994 S 2000mST-6
Mo Farah	2007 and 2011 5000m 1997 J 1500m-1, 1997 J CC-1, 1998 I 3000m-1, 1998 I CC-2, 1999 I 1500m-1, 1999 S CC-1, 2001 S 1500m-2
Scott Overall	2009 5000m 1999 I 1500m-8
Simeon Williamson	2009 100m 2004 S 100m-2
Chijindu Ujah	2015 and 2021 100m 2010 I 100m-8
Daniel Bramble	2017 Long Jump 2009 S LJ-2
Ojie Edoorun	2019 100m 2012 I 100m-h-7
Taylor Campbell (also Berkshire)	2021 Hammer Throw 2010 J HT-2, 2011 I HT-3, 2012 I HT-1, 2014 S HT-1

Notes regarding the athlete details shown above :

An entry for each athlete begins with a line (or lines) detailing their Major Championship medal win(s) or their British Championship title win(s). This is followed by a line (or lines) listing their ESAA Championship medal winning performance(s), or showing a non-medal winning performance, in the abbreviated format – *yyyy a eeee p* where :

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yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, pre-1948 the age groups were Under-14 (U14) and Under-16 (U16))

eeee Event

p Place achieved (note an 'h-' indicates the performance was in a heat; 'r-' indicates it was in a preliminary round and 'q-' indicates it was in a qualifying pool for a field event final)

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ESAA GIRLS CHAMPIONS

1925	U14	LJ	Dorothy Moseley	1960	S	HJ	Frances Slaap
1926	U14	4x100y	Middlesex	1961	S	100y	Suzanne Webb
1926	U14	LJ	Dorothy Moseley	1961	S	4x110y	Middlesex
1928	U14	LJ	Hilda Wiggins	1961	S	LJ	Margaret Gouldsmith
1929	U14	LJ	E. Wakefield	1962	J	100y	Christine Moore
1932	U14	4x100y	Middlesex	1962	J	4x110y	Middlesex
1932	U14	75yH	Pearl Lane	1962	J	LJ	Patricia Wilson
1935	U14	150y	M. Tucknott	1962	S	LJ	Margaret Gouldsmith
1935	U14	4x100y	Middlesex	1963	J	100y	Christine Moore
1935	U16	HJ	B. Fieldwick	1963	J	LJ	Lillian Board
1936	U16	HJ	Margaret J. Godley	1964	I	100y	Christine Moore
1937	U14	75yH	J. Patmore	1964	I	4x110y	Middlesex
1937	U16	150y	Joyce Ashford	1964	I	LJ	Susan Bevan
1937	U16	HJ	Margaret J. Godley	1964	S	80mH	Susan Beldham
1939	U16	100y	Margaret Walker	1965	I	DT	Susan Butler
1947	U16	150y	Valerie Robins	1965	S	LJ	Patricia Wilson
1949	J	LJ	Jean Docker	1966	S	DT	Susan Butler
1950	I	HJ	Sheila King	1968	I	80mH	Susan Turpin
1950	S	DT	June Prodger	1968	I	880y	Ann Yeoman
1951	S	DT	D. Juniper	1969	I	DT	Lynne Irish
1952	S	80mH	Jean Wood	1969	I	HJ	Sylvia Rampton
1953	I	JT	Yvonne Kaye	1970	S	HJ	Sylvia Rampton
1953	S	4x110y	Middlesex	1971	S	HJ	Sylvia Rampton
1954	S	4x110y	Middlesex	1972	J	4x100m	Middlesex
1955	I	JT	Ann Roberts	1973	I	HJ	Carol Mathers
1956	J	4x110y	Middlesex	1973	I	SP	Ereka Service
1956	J	HJ	Diane Cooper	1974	J	75mH	Jill Duffield
1956	S	220y	Jill Dudderidge	1975	I	100m	Heather Hunte
1956	S	4x110y	Middlesex	1975	I	4x100m	Middlesex
1957	J	100y	Ann Roberts	1975	S	HJ	Carol Mathers
1957	J	HJ	Patricia Ford	1976	S	100m	Heather Hunte
1957	I	4x110y	Middlesex	1977	J	100m	Joanne Gardner
1957	I	JT	Susan Platt	1977	J	4x100m	Middlesex
1957	I	LJ	Marian Needham	1978	J	100m	Claire Haslam
1958	J	HJ	Gwenda Matthews	1978	S	JT	Maxine Jervis
1958	I	HJ	Diane Cooper	1978	S	SP	Susan Tudor
1959	J	HJ	Gwenda Matthews	1979	J	75mH	Diana Warnett
1959	I	4x110y	Middlesex	1979	S	JT	Maxine Jervis
1960	J	70yH	Susan Beldham	1980	J	JT	Maxine Worsfold
1960	I	150y	Suzanne Webb	1982	S	DT	Julia Avis
1960	I	4x110y	Middlesex	1983	J	SP	Michele Morgan
1960	I	HJ	Gwenda Matthews	1983	I	80mH	Sonia Maynard
1960	S	4x110y	Middlesex	1984	J	DT	Michele Morgan

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ESAA GIRLS CHAMPIONS (cont'd)

1985	S	400m	Georgina Honley	2003	S	HT	Samantha Hynes
1986	S	SP	Sharon Andrews	2004	S	TJ	Yasmine Regis-Moses
1988	J	200m	Diane Smith	2005	J	PEN	Chanel Taite
1988	S	CC	Andrea Whitcombe	2005	I	200m	Ruth-Ann Watson
1988	S	200m	Marcia Walker	2006	J	PEN	Chanel Taite
1988	S	3000m	Andrea Whitcombe	2008	I	TJ	Jade Attoh
1988	S	400mH	Tracy Allen	2008	S	400mH	Hayley Comer
1989	J	200m	Diane Smith	2009	J	200m	Desiree Henry
1989	I	HJ	Eleanor Cave	2009	I	100m	Makeda Lewis
1990	J	PEN	Katie Budd	2009	I	4x100m	Middlesex
1990	I	200m	Diane Smith	2010	I	200m	Desiree Henry
1991	J	LJ	Tammy McCammon	2010	I	4x100m	Middlesex
1992	J	200m	Emma Ania	2010	S	100m	Marilyn Nwawulor
1992	I	CC	Sharon Murphy	2012	S	TJ	Mary Fasipe
1992	I	1500m	Sharon Murphy	2013	I	3000m	Sophia Parvizi-Wayne
1994	S	100m	Evadne McKenzie	2013	S	4x100m	Middlesex
1994	S	DT	Tasha Saint-Smith	2015	J	PV	Jade Spencer-Smith
1995	I	200m	Emma Ania	2015	S	3000m	Sophia Parvizi-Wayne
1995	I	4x100m	Middlesex	2017	J	200m	Precious Adu
1996	S	400mH	Tracey Duncan	2017	J	4x100m	Middlesex
1998	S	CC	Caroline Walsh	2017	J	HT	Francesca Williams
1998	S	100m	Abi Oyepitan	2018	J	800m	Zakia Mossi
1999	J	100m	Kara Dunn	2018	I	PV	Jade Spencer-Smith
1999	I	100m	Cherie Pierre	2019	J	100m	Nia Wedderburn-Goodison
2000	I	DT	Elisha Dee	2019	J	4x100m	Middlesex
2001	I	DT	Elisha Dee	2019	S	PV	Jade Spencer-Smith
2002	S	DT	Elisha Dee	2021	J	200m	Ann Oerlemans
2003	J	100m	Torema Dorsett	2021	I	100m	Emmanuella Quaye
2003	I	TJ	Yasmine Regis-Moses	2021	I	200m	Nia Wedderburn-Goodison
2003	S	400mH	Melanie Canning	2023	J	100m	Angel McLeod
2003	S	DT	Elisha Dee	2023	I	4x100m	Middlesex

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ESAA BOYS CHAMPIONS

1926	U14	100y	Leonard Rumble	1958	J	DT	Peter Nimmo
1926	U14	75yH	H. Chambers	1958	I	HJ	Alexander Davies
1928	U14	100y	J. Ambler	1958	S	880y	David Huxley
1928	U14	4x100y	Middlesex	1959	J	440y	Anthony McCaffrey
1928	U14	HJ	G. Woolaway	1959	J	LJ	James Clark
1928	U14	HJ	L. Hinzman	1959	I	220y	Len Carter
1928	U14	LJ	E. Shepherd	1959	I	DT	Peter Nimmo
1929	U14	100y	J. Honeybun	1959	I	HJ	Keith Scruton
1929	U14	75yH	R. Hill	1960	I	440y	Anthony McCaffrey
1929	U14	HJ	P. Hall	1960	I	DT	Peter Nimmo
1929	U14	LJ	J. Tompkins	1960	I	PV	Martin Higdon
1930	U14	880y	Gordon Rutter	1960	S	100y	Len Carter
1932	U14	220y	J. Dorrell	1960	S	HJ	Robert Russell
1932	U14	440y	E. Goodwin	1960	S	HT	Peter Gibbs
1932	U14	HJ	K. Mulcaster	1961	J	4x110y	Middlesex
1933	U14	4x100y	Middlesex	1961	I	4x110y	Middlesex
1935	U14	75yH	S. Huntley	1961	I	880y	Michael Bundy
1937	U14	75yH	Norman Howard	1961	S	HT	Peter Gibbs
1937	U14	LJ	L. Cave	1961	S	PV	Martin Higdon
1937	U16	75yH	J. Purrett	1962	I	4x110y	Middlesex
1938	U14	220y	Roy Stroud	1962	I	SP	Barry King
1939	U14	LJ	E. Spackman	1962	S	100y	Bob Frith
1947	U16	HJ	A. Stevens	1962	S	220y	Andy Ronay
1947	U16	LJ	G. Bambrough	1962	S	440y	Mike Hauck
1949	J	LJ	M. Spector	1962	S	4x110y	Middlesex
1950	J	220y	R. Muspratt	1962	S	PV	Martin Higdon
1950	S	120yH	Geoffrey Parr	1963	J	100y	Tony Hinton
1950	S	1M	G. Mitchell	1963	I	JT	Dave Travis
1950	S	440y	Micky Balls	1963	S	100y	Bob Frith
1951	S	120yH	Joseph Duffy	1963	S	220y	Andy Ronay
1951	S	DT	P. Frazer	1963	S	440y	Mike Hauck
1952	J	80yH	W. Clark	1963	S	4x110y	Middlesex
1952	I	880y	D. Fear	1963	S	SP	Barry King
1953	I	220y	David Segal	1964	J	1M	Philip Tucker
1953	I	SP	D. C. Hackman	1964	S	JT	Dave Travis
1953	S	JT	Michael Lanning	1965	J	80yH	David James
1954	J	440y	P. Lee	1966	J	80yH	Paul Young
1954	S	SP	Frank Crozier	1966	J	DT	John Follett
1955	S	SP	D. C. Hackman	1966	S	4x110y	Middlesex
1956	J	HJ	Alexander Davies	1967	J	4x110y	Middlesex
1956	I	4x110y	Middlesex	1968	J	1M	David Miller
1957	J	440y	A. Moss	1968	J	LJ	John Cox
1957	S	120yH	Peter White	1968	J	SP	Brian Strange

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ESAA BOYS CHAMPIONS (cont'd)

1968	J	TJ	Richard Philps	1979	S	HJ	Rupert Charles
1968	I	4x110y	Middlesex	1979	S	SP	Antony Zaidman
1969	J	200m	Tony Davis	1980	J	CC	Eric Kimani
1969	J	SP	Chris Waller	1980	J	TJ	Steve Folkard
1970	J	80mH	Jeremy Irving	1980	I	400m	John Weston
1970	I	SP	Brian Strange	1980	I	JT	David Messom
1970	S	400mH	Paul Young	1980	S	800m	Gary Taylor
1971	J	4x100m	Middlesex	1980	S	HJ	Elliott Moore
1971	J	80mH	Howard Squires	1980	S	SP	Antony Zaidman
1971	I	LJ	Tony Henry	1981	J	CC	Eric Kimani
1971	I	TJ	Frank Attoh	1981	J	800m	Eric Kimani
1971	S	5000m	John Davies	1981	I	JT	David Messom
1972	J	DT	Owen Davis	1981	S	1500m	Gary Taylor
1972	I	4x100m	Middlesex	1981	S	400m	John Weston
1972	I	TJ	Richard Maull	1981	S	PV	Billy Davey
1972	S	1500m	Graham Side	1982	I	TJ	Steve Folkard
1973	I	4x100m	Middlesex	1982	S	JT	David Messom
1973	I	HT	Matt Mileham	1983	I	200m	Ade Mafe
1973	S	TJ	Richard Maull	1983	I	400m	Gary Cadogan
1974	J	LJ	M. Igwe	1983	I	HJ	Leroy Lucas
1974	I	100m	David Hill	1983	S	LJ	Paul Baker
1974	I	4x100m	Middlesex	1984	I	SP	Simon Williams
1974	I	JT	Tony Smith	1985	J	PV	Pat Nicol
1975	J	CC	Clifford Barley	1985	I	200m	Lloyd Stapleton
1975	I	TJ	Megarry Effiong	1985	I	4x100m	Middlesex
1975	S	100m	John Jakenfelds	1985	S	400mH	Bel Blik
1975	S	JT	Tony Smith	1985	S	SP	Simon Williams
1976	J	HT	Charles Varley	1986	J	4x100m	Middlesex
1976	J	PV	Tim Anstiss	1986	I	400m	Wayne McDonald
1976	J	SP	Antony Zaidman	1986	S	110mH	Tony Jarrett
1976	I	100mH	Nathaniel Augustine	1986	S	SP	Simon Williams
1976	I	1500mST	James Mayhew	1987	I	100m	Andrew Mensah
1976	I	TJ	Megarry Effiong	1987	S	DT	Simon Williams
1977	I	HT	Michael Mitchell	1987	S	LJ	Jason Canning
1977	I	SP	Antony Zaidman	1988	J	100m	Khairul Hussain
1977	S	JT	Matthew Bamford	1988	S	HT	Peter Vivian
1978	I	100mH	Adrian Ash	1988	S	TJ	Patrick Teape
1978	I	PV	Tim Anstiss	1989	S	110mH	Brian Taylor
1978	I	SP	Antony Zaidman	1989	S	4x100m	Middlesex
1978	S	LJ	Augustine Udo	1989	S	HT	Peter Vivian
1979	J	HT	Alan French	1989	S	TJ	Julian Golley
1979	J	JT	David Messom	1990	J	200m	Charles Gordon
1979	I	DT	John Szarlenski	1990	J	TJ	Michael Duberry

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ESAA BOYS CHAMPIONS (cont'd)

1990	S	TJ	Julian Golley	2004	S	2000mST	Daniel Russell
1991	J	100m	Kevin Mark	2005	J	TJ	Nathan Fox
1991	J	80mH	Tony Lashley	2005	I	LJ	Nonso Okolo
1991	J	LJ	Clinton Ellis	2005	I	TJ	Sean Wynter
1991	S	TJ	Julian Golley	2006	J	400m	Matthew Webster
1992	I	200m	Clayton Archer	2006	I	LJ	Nonso Okolo
1993	I	100m	Trevor Cameron	2006	S	200m	David Telfer
1993	I	1500mST	Jamie Kennedy	2006	S	400mH	Andrew Howell
1993	I	4x100m	Middlesex	2007	J	SP	Tom Peacock
1993	I	DT	Hector Lawrence	2007	I	4x100m	Middlesex
1994	I	100m	Dwain Chambers	2007	I	TJ	Nathan Fox
1994	S	400mH	Alex Hunte	2007	S	TJ	Daniel Lewis
1995	J	HT	Jason Stone	2008	I	200m	Rhion Samuel
1995	J	JT	Philips Olweny	2008	I	4x100m	Middlesex
1996	J	DT	Felice Miele	2008	S	LJ	Paul Oluyemi
1997	J	CC	Mohamed Farah	2008	S	TJ	Daniel Lewis
1997	J	1500m	Mohamed Farah	2009	J	SP	Luke Roach-Christie
1997	S	3000m	Sam Haughian	2009	I	CC	Richard Goodman
1998	J	200m	Laurence Oboh	2009	I	200m	Jordan Arthur
1998	J	JT	Kunal Kapadia	2009	S	4x100m	Middlesex
1998	I	3000m	Mohamed Farah	2010	J	HT	Rafal Morawski
1998	I	DT	Felice Miele	2010	I	SP	Luke Roach-Christie
1998	S	DT	Luke Rosenberg	2010	S	100m	Jordan Arthur
1999	J	400m	Fola Onibije	2010	S	3000m	Richard Goodman
1999	J	DT	Steven Marlow	2011	J	100m	Reuben Arthur
1999	J	HT	Richard Greene	2011	J	800m	Jivendra Singh
1999	I	CC	Mohamed Farah	2011	J	SP	Kai Jones
1999	I	1500m	Mohamed Farah	2011	I	SP	Luke Roach-Christie
2000	J	CC	Michael Smart	2011	S	TJ	James Okeyemi
2000	J	HJ	Ricardo Prevost	2012	I	SP	Kai Jones
2000	J	HT	Jason Joseph	2012	S	DT	Gregory Thompson
2000	J	JT	Farron Paul	2013	J	TJ	Reon Joseph
2000	I	1500mST	Daniel Lewis	2013	I	100mH	Jack Kirby
2000	S	CC	Richard Williams	2013	S	3000m	Michael Callegari
2000	S	DT	Felice Miele	2013	S	SP	Luke Roach-Christie
2002	I	CC	Michael Smart	2014	S	HT	Taylor Campbell
2002	I	400mH	Ben Carne	2015	I	TJ	Jude Bright-Davies
2002	I	4x100m	Middlesex	2015	S	110mH	George Vaughan
2002	I	HT	Jason Joseph	2015	S	HJ	William Grimsey
2002	S	200m	Leon Baptiste	2015	S	SP	Kai Jones
2003	J	LJ	Luke Thomas	2016	S	4x100m	Middlesex
2003	J	TJ	Sean Wynter	2017	J	TJ	Josiah Wilson- Kepple
2003	I	1500mST	Daniel Russell	2017	I	4x100m	Middlesex

ESAA - MIDDLESEX ROLL OF HONOUR

ESAA BOYS CHAMPIONS (cont'd)

2017	S	1500m	Hamza Kadir
2018	J	200m	Remi Jokosenumi
2019	J	100m	Reece Earle
2019	J	4x100m	Middlesex
2021	J	100m	Teddy Wilson
2021	J	300m	Zico Jones
2021	S	800m	Jack Dickson
2022	J	300m	Sam Brown
2022	I	OCT	Hayden Christian
2022	I	100m	Mekhi Spence-Forde
2022	I	200m	Kaylan Taylor
2022	I	4x100m	Middlesex
2022	S	100m	Reece Earle
2022	S	200m	Joel Houslin
2023	S	4x100m	Middlesex

ESAA - MIDDLESEX ROLL OF HONOUR

SCHOOLS INTERNATIONAL ATHLETICS BOARD (SIAB)

The SIAB hold 3 annual international meetings for school athletes from England, Ireland, Scotland and Wales. These are *Cross Country*, *Track and Field* and *Indoor Pentathlon Internationals*. A fourth event, an *Indoor Track and Field International* meeting, was also held from 1990 to 2000.

SIAB GIRLS WINNERS

1965	S	LJ	Patricia Wilson	1992	U16	i200m	Emma Ania
1966	S	DT	Susan Butler	1993	I	LJ	Tammy McCammon
1970	S	HJ	Sylvia Rampton	1995	I	200m	Emma Ania
1971	S	HJ	Sylvia Rampton	1999	I	100m	Cherie Pierre
1975	I	100m	Heather Hunte	2000	I	DT	Elisha Dee
1976	I	80mH (B)	Maureen Prendergast	2001	I	DT	Elisha Dee
1977	I	400m (B)	B. Sheringham	2010	I	100m	Bianca Williams
1981	I	JT	Maxine Worsfold	2010	I	200m	Desiree Henry
1987	I	3000m	Nicola Ashe	2011	I	LJ	Celia Quansah
1988	I	3000m	Nicola Ashe	2011	I	TJ	Mary Fasipe
1989	I	HJ	Eleanor Cave	2019	I	80mH	Yasmin Uwakwe
1991	U16	iLJ	Tammy McCammon	2021	I	100m	Emmanuela Quaye

SIAB BOYS WINNERS

1961	S	HT	Peter Gibbs	1978	I	HT	Charles Varley
1961	S	PV	Martin Higdon	1978	I	PV	Tim Anstiss
1962	S	100y	Bob Frith	1978	I	SP	Antony Zaidman
1962	S	220y	Andy Ronay	1979	I	TJ	David Burgess
1962	S	PV	Martin Higdon	1980	I	400m (A)	John Weston
1963	S	100y	Bob Frith	1980	J	CC	Eric Kimani
1963	S	220y	Andy Ronay	1980	I	JT	David Messom
1963	S	440y	Mike Hauck	1981	J	CC	Eric Kimani
1963	S	JT	Dave Travis	1981	I	JT	David Messom
1963	S	SP	Barry King	1984	I	SP	Simon Williams
1964	S	JT	Dave Travis	1986	I	400m	Wayne McDonald
1969	S	100m	Paul Pinnington	1987	I	100m	Andrew Mensah
1970	S	400mH	Paul Young	1990	U16	i200m	Charles Gordon
1970	S	LJ	Paul Pinnington	1991	U16	i60m	Kevin Mark
1974	I	100m	David Hill	1991	U16	i60mH	Tony Lashley
1976	I	100mH (A)	Nathaniel Augustine	1993	I	1500mST	Jamie Kennedy
1976	I	1500mST	James Mayhew	1994	I	100m	Dwain Chambers
1977	I	100mH (B)	Peter Adams	1997	J	CC	Mohamed Farah
1977	I	SP	Antony Zaidman	1998	I	3000m	Mohamed Farah
1978	I	100mH (A)	Adrian Ash	1998	I	DT	Felice Miele

ESAA - MIDDLESEX ROLL OF HONOUR

SIAB BOYS WINNERS (cont'd)

1998	U16	i1500m	Mohamed Farah	2010	I	SP	Luke Roach-Christie
1999	I	CC	Mohamed Farah	2011	J	CC	Paulos Asgodom
1999	J	CC	Sam Hall	2011	I	SP	Luke Roach-Christie
2001	I	200m	Leon Baptiste	2012	I	SP	Kai Jones
2002	I	HT	Jason Joseph	2013	I	100mH	Jack Kirby
2003	I	1500mST	Daniel Russell	2015	I	TJ	Jud Bright-Davies
2003	I	HJ	Tim Maitland	2018	I	CC	David Stone
2006	I	LJ	Nonso Okolo	2019	I	CC	Mohamed Ali
2009	I	200m	Jordan Arthur	2022	O16	iPEN	Hayden Christian

SIAB winning performances are shown in the abbreviated format - *yyyy a eeee* where :

yyyy Championship Year

a Age Group (I – Intermediate, J – Junior, S – Senior, Under-16 (U16), Over-16 (O16) and Under-18 (U18))

eeee Event (preceded by an 'i' indicates at a SIAB indoor meeting).

In some events in the 1970s and 1980s two races (A and B) were necessary because of a limited number of lanes at the venue. An '(A)' or '(B)' highlights where this was the case.

ESAA - MIDDLESEX ROLL OF HONOUR

WORLD JUNIOR / U20 MEDALLISTS - GIRLS

1990 Diane Smith 200m Gold and 4 x 100m Silver

WORLD JUNIOR / U20 MEDALLISTS - BOYS

1994 Trevor Cameron 4 x 100m Gold
1996 Geoff Dearman 4 x 400m Bronze
2006 Ryon Pierre 4 x 100m Bronze

Kevin Mark (1994 4 x 100m-1) ran in the relay heat but not in the relay final.

WORLD YOUTH / U18 MEDALLIST - GIRLS

2011 Desiree Henry 200m Gold

WORLD YOUTH / U18 MEDALLISTS - BOYS

2003 Jamahl Alert-Khan 200m Bronze
2013 Ojie Edoburun 100m Silver

EUROPEAN U23 MEDALLISTS - GIRLS

1997 Lyn Sprules Hammer Throw Bronze
2001 Abiodan Oyepitan 100m Silver and 4 x 100m Gold
2001 Tracey Duncan 4 x 400m Gold
2011 Torema Thompson 4 x 100m Bronze
2013 Annie Tagoe 4 x 100m Silver
2019 Lily Beckford 4 x 400m Silver

EUROPEAN U23 MEDALLISTS - BOYS

1999 Geoff Dearman 4 x 400m Bronze
2001 Darren Chinn 4 x 100m Silver
2003 Darren Chinn 4 x 100m Gold
2003 Mo Farah 5000m Silver
2005 Mo Farah 5000m Silver
2007 Simeon Williamson 100m Gold
2009 Rion Pierre 100m Bronze and 4 x 100m Gold
2015 Chris Kandu High Jump Bronze
2017 Ojie Edoburun 100m Gold and 4 x 100m Silver
2017 Reuben Arthur 4 x 100m Silver
2023 Emmanuele Agyare 4 x 400m Bronze (heat)

ESAA - MIDDLESEX ROLL OF HONOUR

EUROPEAN JUNIOR / U20 MEDALLISTS - GIRLS

1977	Heather Hunte	4 x 100m Bronze
1985	Georgina Honley	4 x 400m Bronze
2011	Bianca Williams	4 x 100m Bronze
2011	Marilyn Nwawulor	4 x 100m Bronze
2013	Desiree Henry	200m Silver and 4 x 100m Gold
2015	Lily Beckford	4 x 400m Gold

EUROPEAN JUNIOR / U20 MEDALLISTS - BOYS

1977	Christopher Sly	1500m Silver
1981	John Weston	4 x 400m Silver
1985	Ade Mafe	200m Gold and 4 x 400m Gold
1987	Tony Jarrett	110m Hurdles Gold and 4 x 100m Gold
1989	Wayne Macdonald	400m Gold
1991	Tosi Fasinro	Triple Jump Gold
1995	Dwain Chambers	100m Gold
1997	Dwain Chambers	100m Gold and 4 x 100m Gold
2001	Mo Farah	5000m Gold
2003	Laurence Oboh	4 x 100m Gold
2003	Leon Baptiste	100m Gold and 4 x 100m Gold
2005	Simeon Williamson	100m Silver
2007	Luke Fagan	200m Bronze and 4 x 100m Silver
2013	Chijindu Ujah	100m Gold
2015	Ojie Edoburun	100m Gold

EUROPEAN YOUTH / U18 MEDALLISTS - GIRLS

2022	Nia Wedderburn-Goodison	100m Gold
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Nia Wedderburn-Goodison and Emmanuella Quaye (2022 Medley Relay-1) both ran in the relay heat but not in the final.

EUROPEAN YOUTH / U18 MEDALLIST - BOYS

2022	Teddy Wilson	Medley Relay Bronze
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ESAA - MIDDLESEX ROLL OF HONOUR

MULTI-SPORT ATHLETES

Many athletes who competed in the English Schools' Athletic Association (ESAA) Championships have become very successful in a wide variety of sports including Bobsleigh, Boxing, Cricket, Cycling, Darts, Football, Hockey, Modern Pentathlon, Netball, Powerlifting, Rowing, Rugby League, Rugby Union, Skeleton, Triathlon and Weightlifting.

Details follow of four of Middlesex's ESAA competitors who have gone on to have a successful career in other sports :

BOBSLEIGH - SIMEON WILLIAMSON

Simeon represented Middlesex when finishing second in the 2004 ESAA Senior 100 metres. He went on to win the British title in 2009 and a World Championship 4 x 100 metres bronze the same year.

Simeon later joined the Great Britain Bobsleigh team and, with pilot Lamin Deen, finished in 14th place in the 2015 World Championship 2-man bob.

FOOTBALL – MICHAEL DUBERRY

Michael represented Middlesex when winning the 1990 ESAA Junior Triple Jump title and was second in the ESAA Inter event the following year. In 1991 he joined Chelsea FC as a youth player.

He stayed with Chelsea for 8 years earning 5 England Under-21 caps in the process. Michael also played for Leeds United and Reading in the top flight. Altogether he played in over 400 league games.

NETBALL – KADEEN CORBIN

Kadeen represented Middlesex when finishing 34th in the 2008 ESAA Inter Heptathlon. She also played netball competitively from the age of 12.

Kadeen won 2018 Commonwealth Games gold playing in the England team that beat the hosts, Australia. As of August 2021, she has played 72 times for England.

RUGBY UNION – CELIA QUANSAH

Celia represented Middlesex when winning 2 ESAA Championship Long Jump silver medals, in the 2010 Junior and 2011 Intermediate events. She then concentrated on the heptathlon and won the ESAA Senior Heptathlon silver medal in 2014 for Hertfordshire. Three years later Celia started playing rugby for Loughborough Lightning while at university.

She is now a member of the Wasps team playing in the Premier 15s League. Celia was a member of the Great Britain Rugby Sevens team at the delayed 2020 Tokyo Olympic Games. The team narrowly missed out on an Olympic medal losing the 3rd place play-off game 21-12 to Fiji.